

Prenatal Journey Class

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The Prenatal Journey:

2. - 7. April, 2011 Buggenhout, Belgium 600 Euros

Organized by Basia Szpak-Borst basiab77@gmail.com

9. - 14. April, 2011 Wienacht, Switzerland 990 Francs

Organized by: Ursula Egli ursula_egli@hotmail.com
German Translation

12. - 17. July, 2011 La Center, WA, U.S.A. \$950 Dollars

Organized by: Mary Seamster maryseamster@earthlink.net

The Birth Journey:

6. - 11. November, 2011 Wienacht, Switzerland

2. - 6. December, 2011 La Center, WA U.S.A.

Formation Training:

2012 Wienacht, Switzerland

2012 La Center, WA

The Prenatal Journey is a blend of pre & peri-natal psychology and aquatic therapy. On land and in a warm healing pool, students explore prenatal life from conception to birth. Through talks, meditations, and aquatic sessions, this early period of life is revealed. With the support and guidance of the staff, trauma and shock patterns are released. In the weightlessness of the warm water, the emerging self unfolds and is gently welcomed into being. People find this residential workshop to be a deeply powerful, graceful, and healing journey. See below for details and bio or email for a full brochure.

Student Comments

It is like a miracle! (Since your workshop), I am much happier in life. I lost a lot of fear and I feel power and confidence I never felt before. After 45 years, I don't bite my nails!! Before, when people asked me, 'how is life', my answer was: 'not bad, but there is something that doesn't let me feel really fine'. Now, I have no more reason to feel unhappy. ...(I want) to share with you my new joy in living.

Student, Switzerland

After 25 years of studying clinical psychology, family therapy, bio-energetic analysis, couples therapy, group therapy, Buddhism and Watsu ...I feel I have come home at last! Our group, too, has been a special one for me. Something very different from other groups I have been a part of. Thank you so much for everything.

Ruth Ben Asher, Psychologist, Israel

This workshop was Awesome!!! The material presented was Outstanding!!! There are absolutely no words to convey how terrific, charismatic, dynamic and fantastic David is. He is a powerful role model for every therapist. I feel so privileged to have attended this workshop. Thank you so much!!!
Clinical Psychologist, Reno, NV, U.S.A.

Integrative Aquatic Therapy

Professional Training Programs in the U.S. and Europe

The Basic Training

The Basic Training is a blend of personal process with in-depth learning. Each 5-day class may be taken separately. Prerequisites are 50 hours each of Watsu and WaterDance or permission of the instructor.

The Prenatal Journey: Levels I & II

Each day focuses on a different stage of prenatal development. Topics include conception and incarnation, divine homesickness, twin loss, implantation, bonding with the mother, umbilical toxins, haunted womb, generational patterns, and others.

The Birth Journey: Levels I & II

In this 5-day workshop, students explore the journey of birth. The traumatic effects of birth are reviewed such as the use of forceps, anesthesia, induction, and cesarean section. As these traumas are released from the body tissue, the positive aspects of birth are reclaimed. These include a deeper sense of bonding, attachment, and safety in relationship that carries through into adulthood.

The Formation Training

The Formation Training is a 300-hour professional training program in *Integrative Aquatic therapy*. Prerequisites are two levels each of the Prenatal Journey and the Birth Journey. The following courses are covered.

- Character Styles and Self-Development
- The Ancestral Lineage: Multi-Generational Patterns
- Body Systems: Fluids & Organs
- Body Systems: Muscles & Bones
- Sexuality, Pregnancy and Fertility Counseling
- Integration & Skill Building